

Project Management and Soft Skills

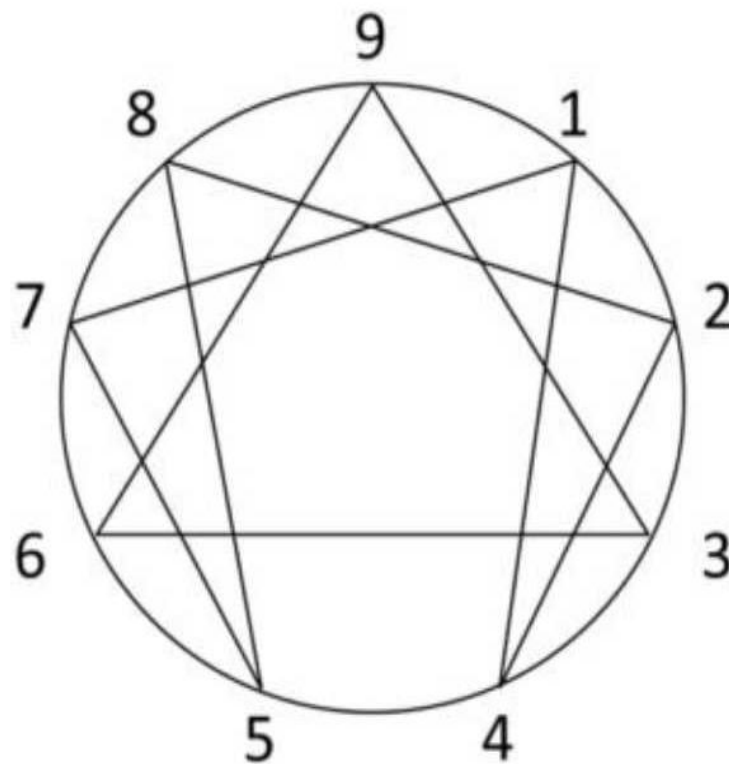
Personality Enneagram

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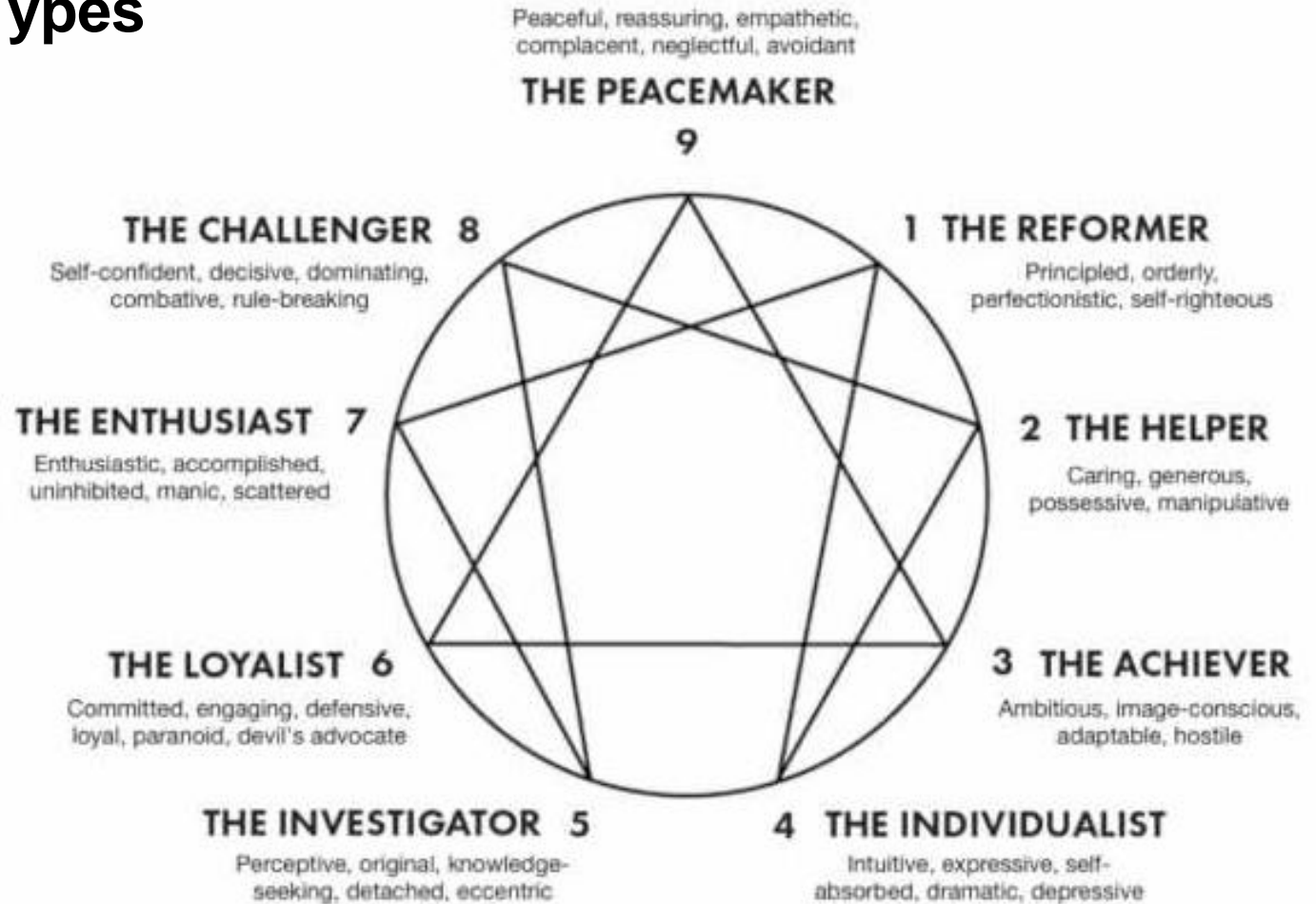
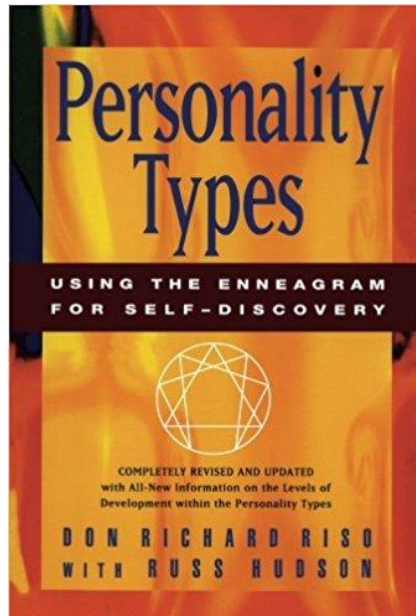
Office Hours:
Monday 4 – 6 pm

Enneagram



Personality Enneagram

Nine Personality Types



Nine Personality Types

Description follows for each of the types.

While reading each of them,
rate yourself and write down on paper:

YES	→ <i>"Yes, this is really me!"</i> ,
PARTLY	→ <i>"This is partly how I am"</i>
NO	→ <i>"This is probably not how I am»</i>

Type 1	Yes
Type 2	No
Type 3	Partly
Type 4	No
...	...

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Do not express your WISH!
Try to honestly assess how you ARE!

Nine Personality Types:

Type 1 – Self-assessment: _____

Type 2 – Self-assessment: _____

Type 3 – Self-assessment: _____

Type 4 – Self-assessment: _____

Type 5 – Self-assessment: _____

Type 6 – Self-assessment: _____

Type 7 – Self-assessment: _____

Type 8 – Self-assessment: _____

Type 9 – Self-assessment: _____

Type 1 – Test outcome: _____

Type 2 – Test outcome: _____

Type 3 – Test outcome: _____

Type 4 – Test outcome: _____

Type 5 – Test outcome: _____

Type 6 – Test outcome: _____

Type 7 – Test outcome: _____

Type 8 – Test outcome: _____

Type 9 – Test outcome: _____

Nine Personality Types

Type 1 - The Reformer

Perfectionists, responsible, fixated on improvement

“Ones” are essentially looking to make things better, as they think nothing is ever quite good enough.

This makes them perfectionists who want to reform and improve, who desire to make order out of the omnipresent chaos.

Nine Personality Types

Type 2 - The Helper

Helpers who need to be needed

“Twos” essentially feel that they are worthy insofar as they are helpful to others.

Love is their highest ideal.

Selflessness is their duty.

Giving to others is their reason for being.

Involved, socially aware, usually extroverted, “Twos” are the type of people who remember everyone's birthday and who go the extra mile to help out anyone in need.

Nine Personality Types

Type 3 - The Achiever

Focused on the presentation of success, to attain validation

“Threes” need to be validated in order to feel worthy; they pursue success and want to be admired.

They are frequently hard working, competitive and are highly focused in the pursuit of their goals, whether their goal is to be the most successful salesman or the "sexiest" woman in their social circle.

Nine Personality Types

Type 4 - The Individualist

Identity seekers, who feel unique and different

“Fours” build their identities around their perception of themselves as being somehow different or unique;

they are thus self-consciously individualistic.

They tend to see their difference from others

as being both a gift and a curse:

a gift, because it sets them apart from those they perceive

as being somehow "common,"

and a curse, as it so often seems to separate them from

the simpler forms of happiness that others so readily seem to enjoy.

Nine Personality Types

Type 5 - The Investigator

Thinkers who tend to withdraw and observe

“Fives” essentially fear that they don't have enough inner strength to face life, so they tend to withdraw, to retreat into the safety and security of the mind where they can mentally prepare for their emergence into the world. “Fives” feel comfortable and at home in the realm of thought. They are generally intelligent, well read and thoughtful and they frequently become experts in the areas that capture their interest.

Nine Personality Types

Type 6 - The Loyalist

Conflicted between trust and distrust

“Sixes” essentially feel insecure, as though there is nothing quite steady enough to hold onto. At the core of the type Six personality is a kind of fear or anxiety. “Sixes” don't trust easily; they are often ambivalent about others, until the person has absolutely proven herself, at which point they are likely to respond with steadfast loyalty.

Nine Personality Types

Type 7 - The Enthusiast

Pleasure seekers and planners, in search of distraction

“Sevens” are essentially concerned that their lives be an exciting adventure.

They are future oriented, restless people who are generally convinced that something better is just around the corner.

They are quick thinkers who have a great deal of energy and who make lots of plans.

They tend to be extroverted, multi-talented, creative and open minded.

Nine Personality Types

Type 8 - The Challenger

Taking charge, because they don't want to be controlled

“Eights” are essentially unwilling to be controlled, either by others or by their circumstances; they fully intend to be masters of their fate.

They are strong willed, decisive, practical, tough minded, energetic.

They also tend to be domineering; their unwillingness to be controlled by others frequently manifests in the need to control others instead.

Nine Personality Types

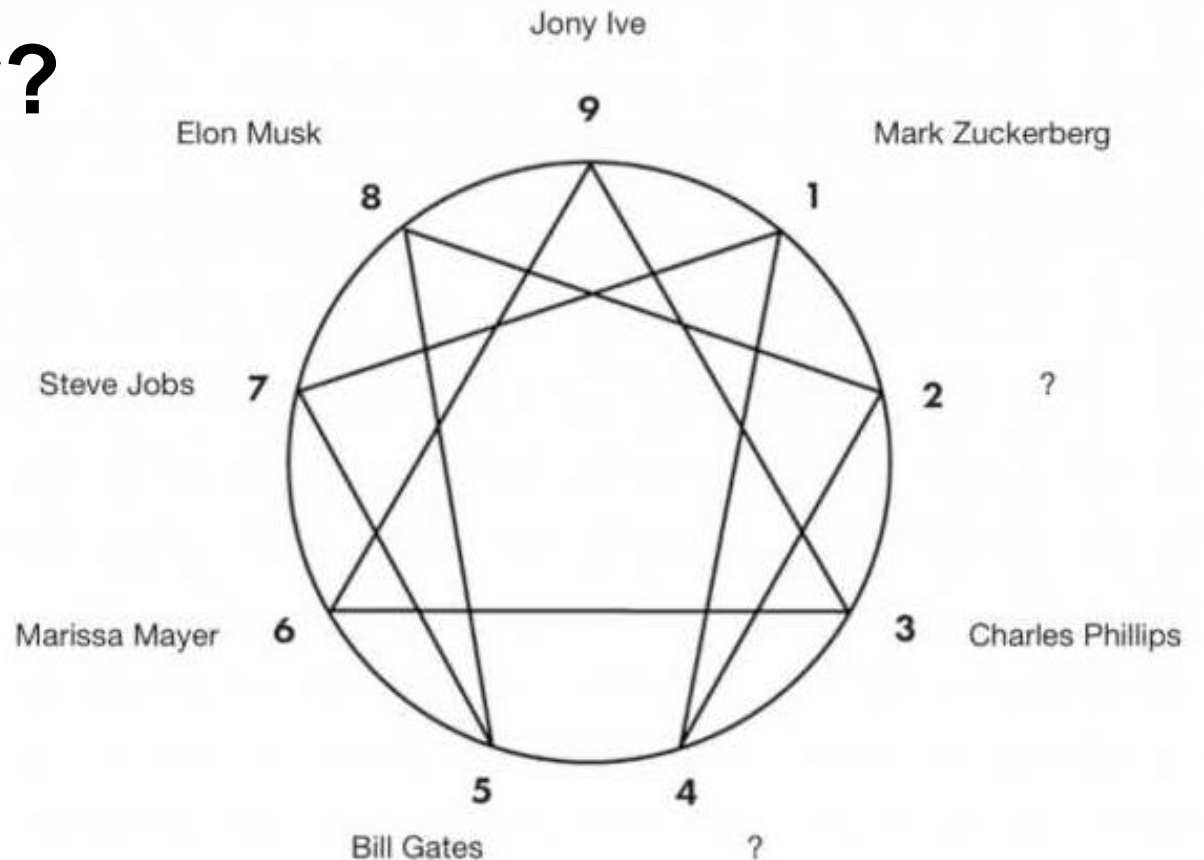
Type 9 - The Peacemaker

Keeping peace and harmony

“Nines” essentially feel a need for peace and harmony. They tend to avoid conflict at all costs, internal or interpersonal. As the potential for conflict in life is virtually ubiquitous, the “Nine”'s desire to avoid it generally results in some degree of withdrawal from life, and many “Nines” are, in fact, introverted. Other “Nines” lead more active, social lives, but nevertheless remain to some degree “checked out,” or not fully involved, as if to insulate themselves from threats to their peace of mind.

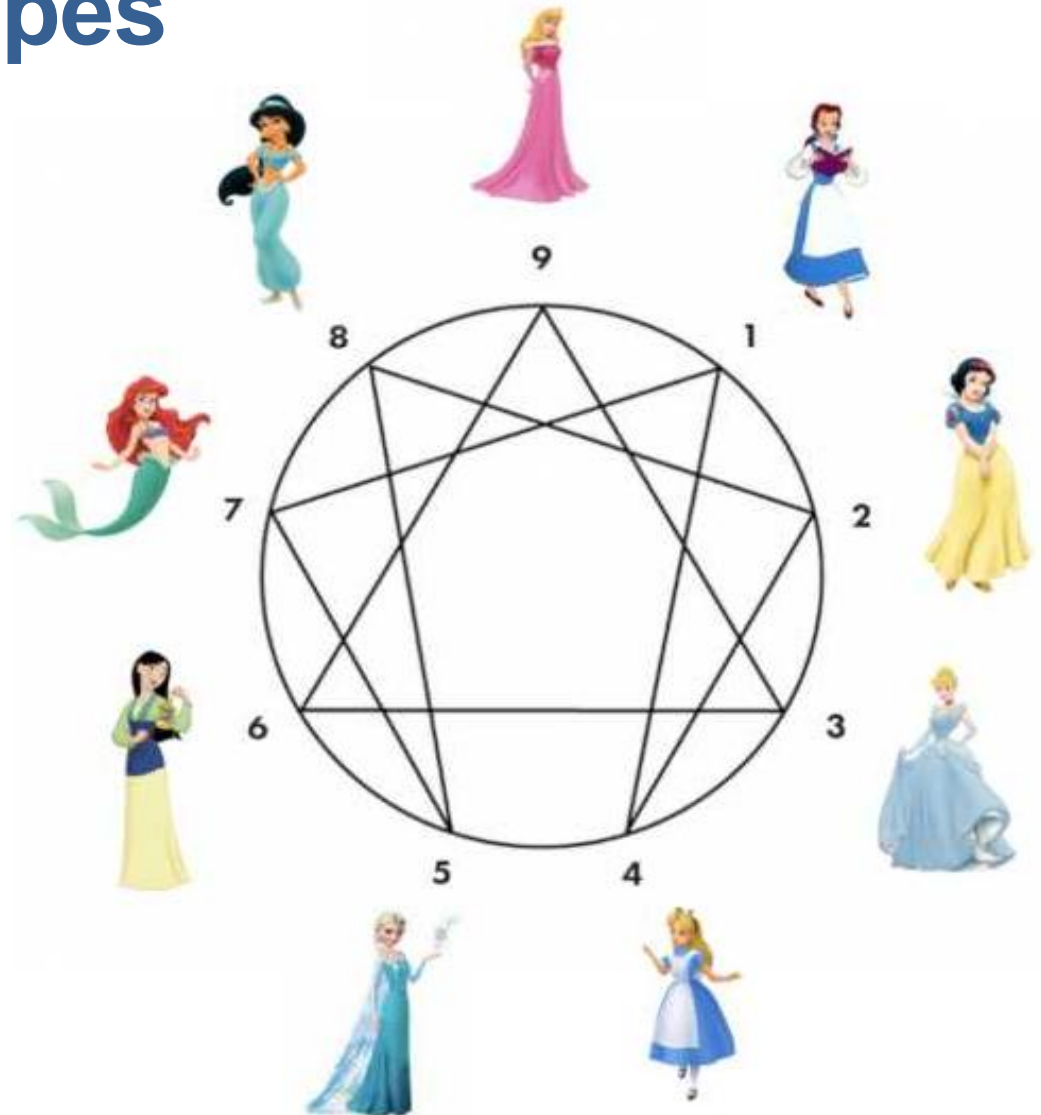
Nine Personality Types

How to measure your personality?



Nine Personality Types

How to measure your personality?



Nine Personality Types

How to measure your personality?

Test yourself through the “classical enneagram test” at:
<https://www.eclecticenergies.com/enneagram/test>

Description of the types:
<https://www.eclecticenergies.com/enneagram/introduction#types>

Nine Personality Types

Example of result

Type 3 - 11

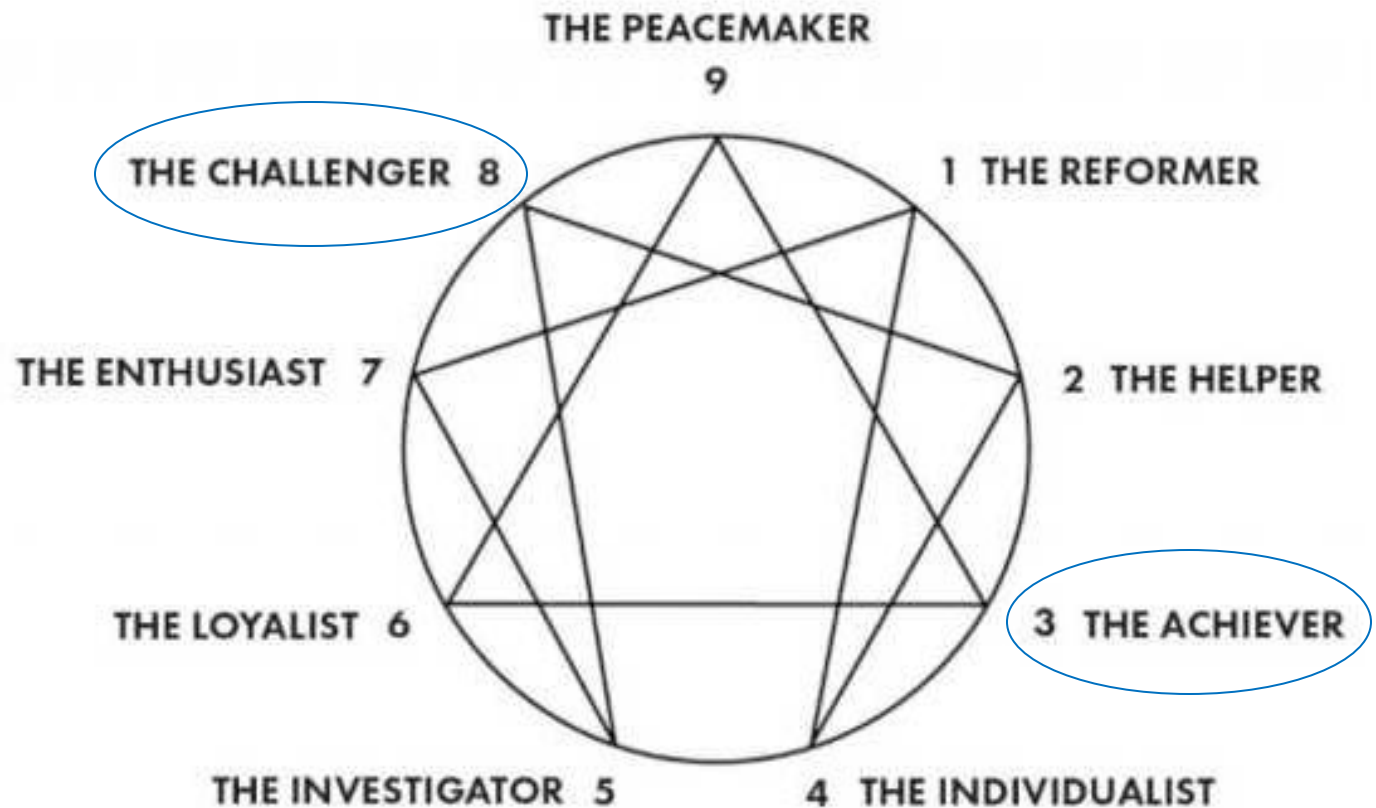
Type 8 - 9.7

Type 2 - 7.4

Type 7 - 7.3

Type 1 - 6.7

Type 4 - 5.7



Test #4

Test yourself through the classical enneagram test. NOW.
<https://www.eclecticenergies.com/enneagram/test>

Write down results of self-assessment and test on paper, sign it and give it back to instructor.

Then, fill the Google form below

www.robertoverdone.org →

Teaching → PMSS → Files and Forms → Test #4

*** Attendance Check ***

Fill attendance form

www.robertoverdone.org

Teaching

PMSS

end of webpage

“Attendance May 24”
